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How to avoid VOCs

Replace items with VOCs with
Norwex Products:

Bathroom Cleaner

Essential Oils

Fragrance Disc

Car Vent Clips

Air Freshener Bags

Oven and Grill Cleaner

Cleaning Paste

Wool Dryer Balls

Car Mitt

Car Cloth

Sportzyme



What products contain VOCs?

Adhesives
Air Fresheners
Drapes
Floor Polishes
Glue
Carpet backing
Dyes
Liquid Cleaners
Markers
Paint
Toilet Cleaners
and many more



How to get rid of VOCs

Open a window

Replace with non-VOC products (like Norwex!)

Look for products labeled as low-VOC

Use an air purifier with activated carbon filter



VOCs affect on humans

burning of eyes and throat
skin rashes
tightness of chest
fatigue
headaches
memory loss
liver and kidney damage
possibly cancer



What are VOCs?

Volatile organic compounds (VOCs) are emitted as gases from certain solids or liquids.

VOCs include a variety of chemicals, some of which may have short- and long-term adverse health effects.

Concentrations of many VOCs are consistently higher indoors (up to ten times higher) than outdoors.

